

## **Donna Lynne L. Demanarig, Ph.D.**

Visiting Assistant Professor of Psychology

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- Education:** 2011, Ph.D. in Clinical Psychology, Alliant International University, Fresno, CA  
2003, B.S. in Psychology, University of Massachusetts, Amherst, MA
- Academic Experience:** July 1, 2021- Current  
Visiting Assistant Professor, Wheaton College (Norton, MA)  
2018 - June 30, 2021  
Tenure-Track Assistant Professor, University of Bridgeport (Bridgeport, CT) – *school closed due to financial exigency.*  
2016 - 2018  
Visiting Assistant Professor, University of Bridgeport (Bridgeport, CT)  
Fall 2015  
Adjunct Professor, University of Bridgeport (Bridgeport, CT)  
2014 - 2015  
Adjunct Professor, Gateway Community College (New Haven, CT)  
2013 – 2014  
Adjunct Professor, Manchester Community College (Manchester, CT)

### **I. AWARDS/GRANTS**

- September 2022                      Awarded the Wheaton Research Partnerships (WRP) Fund, \$800
- June 2022                                Narrative Research Project received \$10K grant from the *Society of Teaching Psychology.*
- January 2022                            Received \$5,000 grant for project: “A Support ARCH for decolonizing introductory psychology courses: developing the antiracist curricula hub.” *One of the project directors.*
- April 2021                                Awarded 1<sup>st</sup> place at the UB Faculty Research Day Undergraduate Student Poster. *Advisor & Co-Author.*

March 2020

Awarded the 2020-2021 Fellow for the Leadership Development Institute (LDI) of the Council of National Psychological Associations for the Advancement of Ethnic Minority Interests (CNPAAEMI) and the Asian American Psychological Association (AAPA).

## **II. PUBLICATIONS**

Killikelly, C., Kagialis, A., Henneman, S., Coronado, H., **Demnarig, D.**,...Irgens, M.S. (in press). Measurement and assessment of grief in a large international sample. *Journal of Affective Disorders*. <https://doi.org/10.1016/j.jad.2023.01.095>

**Demnarig, D.**, Banawa, R., Marquez, C-S., Apostol, N.J., Fernandez, L., & Kreuzova, T. (2023). How the pandemic affected Filipinx Americans: Analysis on enculturation levels, healthcare work, and mental health outcomes. *Asian American Journal of Psychology*. <https://doi.org/10.1037/aap0000315>

Sabado-Liwag, M., Manalo-Pedro, E., Taggug, R., Bacong, A.M., Adia, A., **Demnarig, D.**, Sumibcay, J., Valdarama-Wallace, C., Oronce, C.I.A., Bonus, R., & Ponce, N. (2022). Addressing the interlocking impact of colonialism and racism on Filipinx/a/o American health inequities. *Health Affairs*, 41(2), 1-8. doi: 10.1377/hlthaff.2021.01418

**Demnarig, D.**, & Acosta, J. (2016). Phenomenological look at the experiences of Filipina correspondence or Internet Brides. *SAGE Open*, 6(2), 1-13. <https://doi.org/10.1177/2158244016654949>

## **III. SUBMISSIONS IN PROGRESS**

Cook, C. L., **Demnarig, D.**, Metviner, S., Stoppa, T., Milius, H., Rogers, M. M., ... (submitted for publication). Personal need for structure as a protective factor on beliefs and coping with COVID-19: A crowd-sourced multicultural exploration.

**Demnarig, D. L.**, Cokley, K., Beasley, S. T., Hita, L., Hashem, H., Mujica, C., Mamidanna, P., & Mercado, A. (submitted for publication). Mending fragile alliances to fight racism: Developing a framework for cross-racial/ethnic solidarity. *American Psychologist* journal.

Currie, E., **Demnarig, D.L.**, Glaser, T., Harms, M.B., Martin, R., White, D.,... Yang, J.P. (submitted for publication). Listening to our colleagues with marginalized identities: Towards a decolonizing, accessible, anti-racist, equitable, and sustainable (DAARES) Introduction to Psychology class. *Scholarship of Teaching and Learning* journal.

**Demnarig, D.**, Sabado-Liwag, M., Divino, L., Nagtalon-Ramos, J., Heyrana, K., & Javier, J. (revise and resubmit). An interdisciplinary critical lens on the herstorical contributions and health outcomes among Filipinx American women. *Asian American Journal of Psychology*.

#### **IV. PAPERS PRESENTED & PARTICIPATION IN PROFESSIONAL MEETINGS/CONFERENCES**

##### *Research Presentations*

- May 2022                      Poster & Pre-recorded video: “How the Pandemic affected Filipinx American mental health: an exploratory analysis on identity, healthcare occupation, and mental health outcomes” 2022 Division on Filipinx American Biennial Convention. *Virtual*.
- October 2021                Panel Presentation: “Promoting multidisciplinary and international collaboration to address mental health” 2021 Psychological Association in the Philippines Convention. *Virtual*.
- October 2010                Paper Read: “A phenomenological look at the experiences of Filipina correspondence or Internet brides.” Asian American Psychological Association Convention. San Diego, CA.
- May 2009                     Paper Read: “Reliability generalization of the Personal Attributes Questionnaire.” 30<sup>th</sup> Annual Central California Research Symposium, CSU-Fresno, CA.
- March 2009                 Paper Read: “Reliability generalization of the Personal Attributes Questionnaire.” 34<sup>th</sup> Annual Association for Women in Psychology. Newport, RI.
- April 2008                  Panel Discussion: “Sex and ethnicity as predictors of graduate students’ cultural competence.” 33<sup>rd</sup> Annual Western Psychological Association Convention. Irvine, CA

##### *Workshops*

- August 2023                 “Methods to liberate the next generation of psychologists via intersectionally-focused coursework.” American Psychological Association. 4-hour CE Workshop.

August 2020 Interdisciplinary Workshop: “Mindful Quizzes: A Student Engagement Tool” University of Bridgeport Faculty Development Day. *Virtual.*

October 2020 Pre-recorded panel video with Leadership Development Institute (LDI) Fellows with Q&A: “Promoting Liberation Through Collective Leadership” 2020 Asian American Psychological Association Annual Convention. *Virtual.*

*Presentations with Students*

August 2021 Poster & Pre-recorded video: “Phenomenological look at the experiences of first-generation college students” 2021 American Psychological Association, Division 45 Annual Convention. *Virtual.*

May 2021 Panel Presentation: “Public health research and our community: The Filipinx/a/o Covid-19 Response Team Research and Data-Disaggregation Subcommittee” 2021 Bulosan Center for Filipinx Studies Research Conference, UC Berkeley. *Virtual.*

April 2021 Poster & Pre-recorded video: “Phenomenological look at the experiences of first-generation college students” Faculty Research Day, University of Bridgeport. *Virtual.*

October 2019 Poster: “An investigative look at perceptions of physical attractiveness and well-being” 2019 New England Psychological Association in Southern New Hampshire University, NH. *Student Poster Presentation.*

October 2019 Poster: “Analysis on Acculturation, BMI, Diet Practices, and Activity Levels Among Asian Americans.” 2019 Asian American Psychological Association Annual Convention. San Diego, CA.

May 2019 Poster: “Significance of Acculturation and Other Factors on BMI and Health on Race.” 31<sup>st</sup> Association for Psychological Sciences Annual Convention. Washington, D.C.

March 2019 Poster: “Examining acculturation, gender, and BMI across different racial and ethnic groups.” UB Faculty Research Day 2019. Bridgeport, CT.

November 2017

Paper Read: "Investigative look at the relationship between acculturation and obesity." Connecticut Psychological Association. Haddam, CT.

## **V. PRESENTATIONS IN WEBINARS OR AS GUEST LECTURER**

November 2020

Live Webinar: "How to Practice Self-Care During the Pandemic" for students in St. Dominic College of Asia. Bacoor, Cavite, Philippines.

## **VI. TEACHING**

### *Undergraduate Courses (Wheaton College)*

PSY 101:

Introductory Psychology

*Created a decolonizing and more inclusive syllabus along with resources, PowerPoint lectures, and class assignments/assessments. Created a manual that includes a step-by-step guide and accompanying PowerPoints, for TAs, who lead a weekly section.*

PSY 141:

Statistics for Social Sciences

*Created syllabus, course lectures, quizzes, and exams. Adjusted the course for an online format during the pandemic.*

PSY 202:

Quantitative Research Methods

*Created a decolonizing and more inclusive syllabus that incorporated indigenous ontological, epistemological, and axiological approaches to research while ensuring that students learn the foundations of research.*

PSY 251:

Multicultural Psychology

*Class format is discussion-based that emphasized cultural humility to illustrate human frailty and accompliceship towards marginalized communities. Include student-led content on discrimination/-ism Invite colleagues from various ethnic psychological association to talk about their journeys and experiences as a graduate student and as person of color in the field of psychology.*

### *Undergraduate Courses (UB)*

PSY 103:

Introduction to Psychology

PSY 230:

Abnormal Psychology

PSY 280X:

Multicultural Psychology

PSY 348:

Psychology of Gender

PSY 385:

Statistical Methods in Psychology

PSY 321: Research Methods  
 MATH 103P: Mathematical Models in Psychology  
 PSYC 390DD: Research Practicum  
 PSYC 391XDL: Advanced Research Practicum  
 HONR 395P: Honors Thesis in Psychology  
 HONR 230P: Abnormal Psychology

*Online Courses (UB)*

PSY 321: Research Methods  
*Designed the CANVAS shell for the online Research Methods, which included course syllabus, course content, class assignments, and assessments*

PSY 230: Abnormal Psychology  
*Designed the CANVAS shell for the online Abnormal Psychology, which included course syllabus, course content, case studies, class assignments, and assessments*

*Independent Studies*

PSYC 399-DD: LGBTQ+ and Mental Health

PSYC 399-DD1: Working with Adults with Autism

PSYC 399-IND: Cultural Competence in Health Science

*Consultant Reviewer*

PSY 101: Online Introduction to Psychology  
*Universal Learner Course Feedback Loop for Arizona State University. Provided feedback on online course content to ensure that the principles of Valuable, Transformational, Inclusive, Scalable, Relevant, and Seamless are met.*

**VII. PAPER REVIEWER/EDITOR IN PROFESSIONAL ORGANIZATIONS**

2021 – Present Consulting Editor for the *Asian American Journal of Psychology*  
 May 2022 Abstract Reviewer for the *American Public Health Association*  
 April 2022 Reviewer for *Archives of Suicide Research*  
 2019 - 2021 Ad Hoc Reviewer for the *Asian American Journal of Psychology*  
 Summer 2019 Reviewed 5 Abstracts for the Asian America Psychological Association October 2019 Convention in San Diego, CA.

2017 - 2019

Co-editor-in-chief for the Asian American Psychological Association Newsletter

## **VIII. COMMITTEES AND SERVICES**

### *International Organizations*

January 2022 –  
December 2023

Co-chair of the APA Division 45 Cross Racial/Ethnic Solidarity Taskforce

Fall 2021 – Present

Member of the *Antiracist Curricula Hub* (ARCH) group comprise of psychologists from institutions around the US

May 2022

Chair of the Biennial Convention for the Division on Filipinx Americans

October 2021

Co-Chair for the Poster/Sessions in the 2021 AAPA Convention

October 2020

Incoming Co-Chair for the Poster/Sessions in the 2020 AAPA Convention

### *Wheaton College* 2022

Member of a departmental working group that will review breadth/depth/social justice in the psychology curriculum

2021 – 2022

Member of a departmental working group on diversity in major and classes

### *University of Bridgeport*

Spring 2021

Senate Faculty Representative in the Executive Committee

Spring 2021

Faculty Representative in the Library Committee

August 2020

Interviewed potential graduate assistants.

2018 - June 2021

Member of the Institutional Review Board for Social, Behavioral, and Education

2018 - 2021

Member of the Faculty Senate Committee

2018 - 2021

Advisor for the Psi Chi UB Chapter (International Honor Society in Psychology)

|             |  |
|-------------|--|
| 2018 - 2021 | Advisor/Mentor for the Psychology Club |
| Summer 2018 | Summer Scholars Program Mentor         |

**IX. MEMBERSHIP IN PROFESSIONAL SOCIETIES**

*National*

|                        |   |
|------------------------|---|
| January 2021 – Present | Member of the Filipinx/a/o Community Health Association (Fil-CHA) Mental Health Committee   |
| 2016 - Present         | Member: American Psychological Association (APA)  |
| 2019 - Present         | Division 35 of APA: Society for the Psychology of Women<br>Section V of Division 35: Psychology of Asian Pacific American Women<br><br>Division 45 of APA: Society for the Psychological Study of Culture, Ethnicity and Race |
| 2016 – Present         | Member: Asian American Psychological Association<br>Division on Women<br>Division on Filipinx Americans   |
| 2002 - Present         | Psi Chi Member  |

*Positions Held*

|                                |  |
|--------------------------------|--|
| January 2023 – Present         | Vice President-Elect for the Asian American Psychological Association  |
| January 2022 – Present         | At-Large Board Member of Fil-CHA   |
| September 2021 – December 2023 | Co-Chair of the Division 45 Presidential Taskforce: <i>Fighting Racism with Cross-Racial/Ethnic Solidarity: Toward Being an Accomplice</i> |
| April 2021 – December 2022     | Treasurer for Fil-CHA  |
| January 2021 – January 2023    | Secretary/Historian for the Asian American Psychological Association   |



January 2020 – December 2022

Finance Officer in the AAPA Division of Filipinx Americans

## **X. CLINICAL EXPERIENCE**

September 2012 –  
February 2014

### Behavioral Health Clinician I

Community Health Center, Enfield, CT & New Britain, CT

September 2011 –  
August 2012

### Postdoctoral Psychology Resident

Community Health Center, Middletown, CT

*Supervisors:* Allan Stebinger, Ph.D. (Adult Clinical)

Julie Nash, Ph.D. (Child Clinical, Assessment)

August 2010 –  
August 2011

### Psychology Intern

Kaiser Permanente Fresno Medical Center, Fresno, CA

*Supervisors for 1<sup>st</sup> Rotation:*

Diane Kawagoe, Ph.D. (Clinical)

Tamika London, Ph.D. (Assessment)

*Supervisors for 2<sup>nd</sup> Rotation:*

Michael Petrovich, Ph.D. (Clinical)

Amanda Mortimer, Ph.D. (Assessment)

June 2009 – May 2010

### Psychological Trainee

Health Center, Psychological Services

California State University, Fresno, CA

*Supervisors:* Gena Gechter, Ph.D.

Rebecca Raya-Fernandez, Psy.D.

May 2008 -  
May 2009

### Psychological Trainee

W. Gary Cannon Psychological Services Center

Alliant International University, Fresno, CA

*Supervisor:* Dr. Gregory N. Cherney, Clinical Psychologist

September 2007 –  
May 2008

### Psychological Trainee

Health Center, Psychological Services

California State University, Fresno, CA

*Supervisor:* Dr. Rebecca Raya-Fernandez, Psy.D.